Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 06 Jul 2023 until 23:59 on Friday 07 Jul 2023

Forecast Issued on Thursday 06 Jul 2023 at 03:46 by Met Office Aberdeen

Confidence: Medium due to changeable conditions.

Headline for Thursday 06 Jul 2023: Bright spells and a scattering of showers. Strengthening winds, rain later.

Mountain weather hazards on Thursday 06 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Fog	Dull	Light rain	Heavy Rain	Heavy Rain
Precipitation probability					
40%	20%	20%	30%	40%	80%

Forecast for Thursday 06 Jul 2023

Weather: Rather cloudy with occasional rain and low cloud during the early morning, most widespread through Knoydart and around Glen Shiel, but soon turning mainly dry with the odd shower possible. Cloud then lowering again during the evening with outbreaks of heavy rain pushing in from the west and strengthening winds, gales along the west coast.

Chance of cloud-free hill tops above 800m: 20% becoming 80% by early afternoon, lowering 10% or less in the evening.

Low cloud and visibility: Occasional or extensive cloud, base 500 to 700m in the morning, lifting and breaking near or above the summits by early afternoon, but lowering significantly in the evening. Visibility moderate to very poor in early low cloud and rain, becoming mostly very good for a time, before reducing again in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Thursday 06 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	25/29 S	21/26 S	19/24 S	20/26 S	29/35 SE	36/45 SE	40/49 SE
900	23/27 S	20/25 S	19/24 S	20/25 S	26/32 SE	33/42 SE	35/44 SE
600	17/22 S	17/22 S	16/21 S	16/22 S	17/24 SE	24/33 SE	23/33 SE
300	3/18 S	5/18 S	6/19 S	6/20 S	4/24 SE	4/30 SE	6/33 SE
Glen	7/16 S	9/17 S	10/18 S	8/16 S	10/24 SE	14/32 SE	16/35 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-1	6/1	7/2	7/3	7/2	6/0	7/1
900	6/1	7/2	8/4	8/4	8/3	7/2	8/2
600	8/4	9/6	10/7	11/8	10/7	10/6	10/6
300	10/10	12/11	13/12	14/12	12/12	12/11	12/11
Glen	13/12	14/13	16/14	16/15	15/13	14/12	15/12
Freezing Level*	1800m	1900m	2000m	2000m	2100m	2800m	2900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note strengthening winds. Winds likely to be 10-15 mph stronger than in the table across the Cuillins during the evening.

Forecast for Friday 07 Jul 2023
Weather: Windy with outbreaks of heavy rain and low cloud overnight. Rain turning lighter in the morning, but outbreaks continuing until early afternoon. Then becoming dry with sunny then clear spells late afternoon and in the evening.

Maximum wind: South 30mph gusting 45mph easing to 25 gusting 35 mph from late morning, but may be 35 gusting 50 mph across the Cuillins.

Chance of cloud-free hill tops above 800m: 10% overnight and morning, becoming 80% late afternoon.

Low cloud and visibility: Occasional or extensive cloud, base 300 to 600m at first, lifting and clearing above the summits through the afternoon. Visibility moderate to very poor at first, becoming good or very good in the afternoon.

Temperature: **Glens:** Plus 12 Celsius rising to 21 Celsius in the afternoon
At 800m: Plus 7 Celsius rising to 12 Celsius in the afternoon
Freezing level: Above the summits

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.